

HERE COMES THE PROOF!



ACTIVE VS. PASSIVE STAND: THE FEET

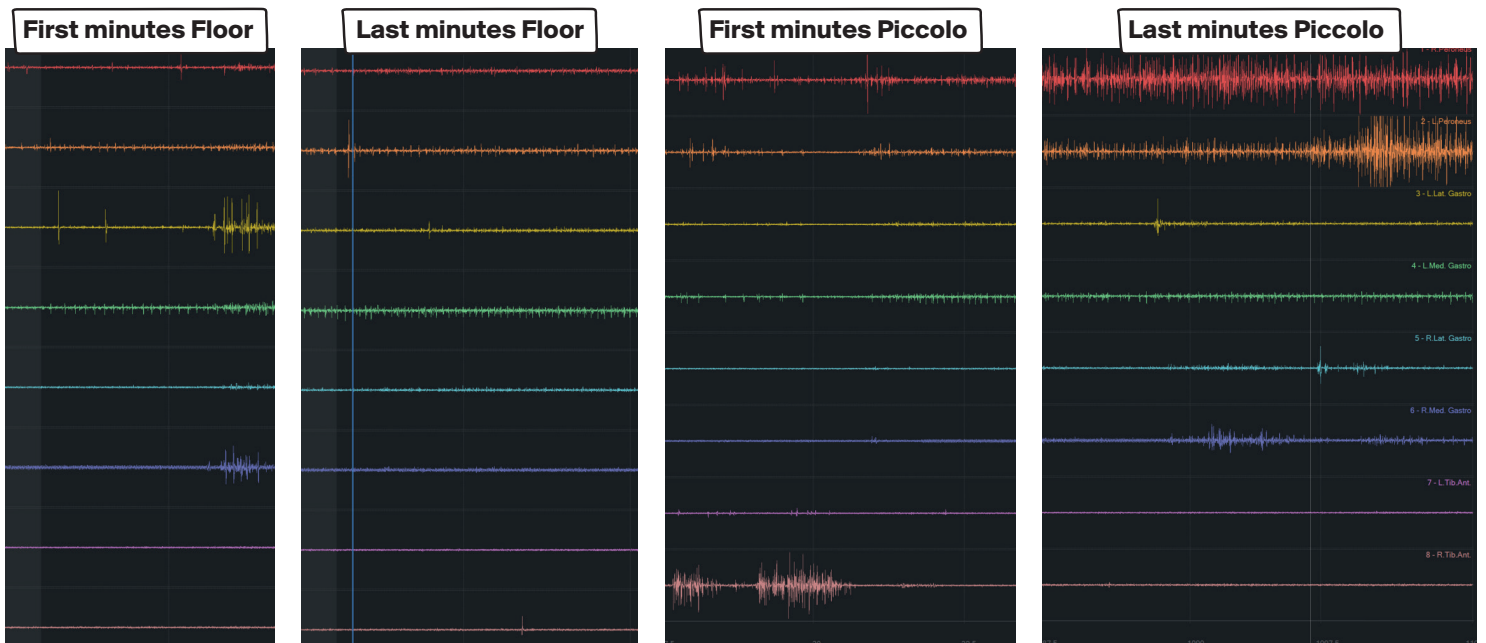
Standing is not the same as standing. You have the choice to be passive or active. Don't let your foot muscles atrophy, let them work.

By simply standing on the Piccolo, you provoke much more activity.

But be careful: standing on the tapes for a long time makes you tired.

Give yourself breaks as soon as you feel tiredness and standing starts to feel uncomfortable.

DIFFERENCE BETWEEN STANDING ON THE FLOOR AND ON THE PICCOLO



Long time standing on Piccolo can be exhausting in the stabilizing muscles. Give them a break.



SENSOPRO